

YO!ZEN

MASSAGE & BODYCARE

HEALING MESSAGES

BODY CONDITION IMPROVEMENT

	30 min	60 min	90 min
Back massage	69 zł	119 zł	
Full body massage		119 zł	159 zł
Massage after sciatic nerve inflammation		119 zł	159 zł
Sports massage	79 zł	119 zł	
Joints massage	49 zł		
Segmentary massage	49 zł	89 zł	
Isometric massage		89 zł	
Belly massage	79 zł		

CLASSICAL & SLIMFIT MESSAGES

RELAXATION AND SLIMING

	30 min	60 min	90 min	
Classic back massage	69 zł	119 zł		
Classic full body massage		119 zł	159 zł	
Relaxation massage		129 zł	169 zł	
Face, neck & head massage		119 zł		
Feet reflexology	79 zł	119 zł		
Slimming massage	SLIMFIT	119 zł	159 zł	
Lymphatic drainage	SLIMFIT	79 zł	119 zł	159 zł
Belly slimming massage	SLIMFIT	79 zł		
Anti-aging face massage	SLIMFIT	99 zł		
Chinese bubble massage	SLIMFIT	79 zł	119 zł	

ORIENTAL MESSAGES

EASTERN ART OF RELAX

	60 min	90 min	120 min
Massages for couples	from 238 zł	from 318 zł	from 598 zł
Lomi Lomi Nui from Hawaii		219 zł	299 zł
Hot stones massage		219 zł	299 zł
Hot oils massage	159 zł	219 zł	
Oriental candle massage	159 zł	219 zł	
Hot chocolate brazilian massage	159 zł	219 zł	
Hot honey tibetan massage	159 zł	219 zł	
Massage with oriental peeling	159 zł	219 zł	
4 hands massage	198 zł	298 zł	

RITUALS FROM THE ORIENT

SPECIAL BODY TREATMENTS

	60 min	90 min	120 min
SOS for skin	198 zł		
Gold face ritual - firming therapy	198 zł		
Coffee break - slimming therapy			299 zł
Chocolate - lifting therapy			299 zł
Durga - jasmine ritual			299 zł
Africa - hydrating ritual			349 zł
Brown rice ritual			349 zł
Winter ritual		349 zł	
Summer ritual		349 zł	
Woman's ritual		349 zł	
Man's ritual		349 zł	

All prices are presented in PLN. 1 Euro = approximately 4,39 PLN. For any further assistance in English language please contact us by phone: +48 600 700 293, +48 22 243 32 02 or send an email to: info@yozen.pl